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## BISHOP'S DEVOTIONAL THOUGHTS



# THE FIXED HEART

*"They will have no fear of bad news; their hearts are fixed, trusting in the LORD"*  
– Psalm 112:7

**W**hat does the Bible say about trusting God? One of the most prominent themes of scripture is to trust in God, especially in times when it becomes difficult to do so. While we will experience unexpected hardships in our lives, it is crucial for our spiritual health that we continue trusting God as the Bible encourages. Although not an easy feat, to trust in God could save you from an irredeemable decision you may make in anger or sadness that could ruin your life.

One of the hardest things for any of us to do is to keep trusting in God's Word while we wait for Him to answer us according to His Word. To keep believing when our circumstances don't change or to keep holding on when things seem to get worse is what faith is. To me, it has always been about perspective. Can I look through the mountain that is right in front of me to see God, even though it is high and full of things I can see with my own eyes? Is my faith strong enough to believe what God says more than what doctors say? More than what my situation says? More than the facts say? To me, these are the hardest times to activate my faith, but they are the times I need it the most.

Our examples of trusting God when circumstances say otherwise are some of the

greatest heroes in the Bible. Joseph held onto the dream God gave him for 14 years, even while he sat in prison. David waited 15 years to be king, but he held onto God's promise even while King Saul was chasing him and he was living in caves. Abraham held onto God's promise of having a child for 25 years, but he held onto God's promise even as he and Sarah became too old to have children. Finally, Noah kept building the ark for more than a century without a drop of rain falling during that time.

These individuals were as human as you and I. They faced doubts, criticism and fear as they waited, but they trusted in God's Word above all else. Psalm 130:5 says, "I wait eagerly for the Lord's help, and in his word I trust". I don't know what your present situation is telling you right now, but I know you need to trust what God said more. Keep holding on to His Word and trust it no matter how long He takes, how dark your prison is or how real the facts seem. God's truth is greater than man's facts. He is not bound by our laws for He created them. May the truths of the text become a reality in our lives. That is, a most desirable state of mind of being able to hear bad news without trembling and without panic. The reason behind this fearlessness comes from the heart being fixed because it has confidence in God.

SHALOM!